



# DECEMBER

## Breakfast

### HERITAGE ACADEMY OF DEL RIO

Monday	Tuesday	Wednesday	Thursday	Friday
<b>December 3, 2018</b>	<b>December 4, 2018</b>	<b>December 5, 2018</b>	<b>December 6, 2018</b>	<b>December 7, 2018</b>
STRAWBERRY BANANA YOGURT Granola ^ Craisins Apple-Cranberry Juice Choice of Milk	EGG & CHEESE BAGEL ^ Pineapple Tidbits Orange Juice Choice of Milk	FROSTED CORN FLAKES ^ Graham Crackers ^ Fresh Apple Choice of Milk	WAFFLES ^ Fresh Pear Blended Fruit Juice Syrup Choice of Milk	CINNAMON CHEX ^ Cherry Breakfast Bar ^ Fresh Apple Choice of Milk
<b>December 10, 2018</b>	<b>December 11, 2018</b>	<b>December 12, 2018</b>	<b>December 13, 2018</b>	<b>December 14, 2018</b>
GOLDEN GRAHAM CEREAL ^ Strawberry Pancake Square ^ Craisins Orange Juice Choice of Milk	FRENCH TOAST STICKS ^ Applesauce Cup Grape Juice Syrup Choice of Milk	COCOA PUFFS ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk	SCRAMBLED EGGS ENGLISH MUFFIN ^ Fresh Banana Blended Fruit Juice Choice of Milk	MOZZARELLA CHEESE STICK Blueberry Muffin ^ Fresh Apple Choice of Milk
<b>December 17, 2018</b>	<b>December 18, 2018</b>	<b>December 19, 2018</b>	<b>December 20, 2018</b>	<b>December 21, 2018</b>
CINNAMON TOAST CRUNCH ^ Maple Breakfast Square ^ Craisins Apple-Cranberry Juice Choice of Milk	CHICKEN BISCUIT ^ Orange Juice Diced Peaches Honey Choice of Milk	MOZZARELLA CHEESE STICK Banana Muffin ^ Fresh Apple Choice of Milk	PANCAKES ^ Fresh Pear Grape Juice Syrup Choice of Milk	FRUITY CHEERIOS ^ Animal Grahams ^ Fresh Apple Choice of Milk
<b>December 24, 2018</b>	<b>December 25, 2018</b>	<b>December 26, 2018</b>	<b>December 27, 2018</b>	<b>December 28, 2018</b>
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
<b>December 31, 2018</b>	<b>January 1, 2019</b>	<b>January 2, 2019</b>	<b>January 3, 2019</b>	<b>January 4, 2019</b>
HOLIDAY BREAK				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

