



HERITAGE ACADEMY SAN ANTONIO

Monday	Tuesday	Wednesday	Thursday	Friday
April 29, 2019	April 30, 2019	May 1, 2019	May 2, 2019	May 3, 2019
		CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	CHICKEN BISCUIT ^ Fresh Banana Orange Juice Honey Choice of Milk	String Cheese Peach Mini Loaf ^ Fresh Apple Choice of Milk
May 6, 2019	May 7, 2019	May 8, 2019	May 9, 2019	May 10, 2019
FROSTED CORN FLAKES ^ Graham Crackers ^ Cherry Craisins Blended Fruit Juice Choice of Milk	BEEF SAUSAGE SLIDER ^ Assorted Jelly Grape Juice Diced Peaches Choice of Milk	TRIX ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk	FRENCH TOAST STICKS ^ Fresh Banana Orange Juice Syrup Choice of Milk	String Cheese BLUEBERRY MUFFIN ^ Fresh Apple Choice of Milk
May 13, 2019	May 14, 2019	May 15, 2019	May 16, 2019	May 17, 2019
FRUITY CHEERIOS ^ Animal Grahams ^ Cherry Craisins Grape Juice Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Diced Peaches Orange Juice Choice of Milk	Banana Muffin ^ String Cheese Fresh Apple Choice of Milk	WAFFLES ^ Fresh Orange Apple-Cranberry Juice Syrup Choice of Milk	Strawberry/Banana Yogurt Granola ^ Fresh Apple Choice of Milk
May 20, 2019	May 21, 2019	May 22, 2019	May 23, 2019	May 24, 2019
GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Cherry Craisins Blended Fruit Juice Choice of Milk	FRENCH TOAST STICKS ^ Syrup Orange Juice Mixed Fruit Cup Choice of Milk	String Cheese Tropical Mini Loaf ^ Fresh Apple Choice of Milk	BEEF SAUSAGE SLIDER ^ Assorted Jelly Fresh Banana Diced Pears Choice of Milk	APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk
May 27, 2019	May 28, 2019	May 29, 2019	May 30, 2019	May 31, 2019
NO SCHOOL	TRIX ^ Strawberry Pancake Square ^ Cherry Craisins Blended Fruit Juice Choice of Milk	Blueberry Muffin ^ String Cheese Fresh Apple Choice of Milk	STRAWBERRY PANCAKES ^ Fresh Orange Grape Juice Choice of Milk	CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

