

AUGUST

Breakfast



HERITAGE ACADEMY SAN ANTONIO

Monday	Tuesday	Wednesday	Thursday	Friday
July 29, 2019	July 30, 2019	July 31, 2019	August 1, 2019	August 2, 2019
August 5, 2019	August 6, 2019	August 7, 2019	August 8, 2019	August 9, 2019
August 12, 2019	August 13, 2019	August 14, 2019	August 15, 2019	August 16, 2019
August 19, 2019	August 20, 2019	August 21, 2019	August 22, 2019	August 23, 2019
COCOA PUFFS ^ Graham Crackers ^ Craisins Orange Juice Choice of Milk	STRAWBERRY PANCAKES ^ Diced Pears Apple-Cranberry Juice Syrup Choice of Milk	CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Diced Peaches Assorted Jelly Choice of Milk	Mozzarella Cheese Stick Peach Mini Loaf ^ Fresh Apple Choice of Milk
August 26, 2019	August 27, 2019	August 28, 2019	August 29, 2019	August 30, 2019
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	BEEF SAUSAGE ON A BISCUIT ^ Applesauce Cup Blended Fruit Juice Assorted Jelly Choice of Milk	BANANA MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	WAFFLES ^ Fresh Banana Orange Juice Syrup Choice of Milk	CINNAMON TOAST CRUNCH ^ Animal Grahams Fresh Apple Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

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