

AUGUST

HERITAGE ACADEMY SAN ANTONIO

Monday	Tuesday	Wednesday	Thursday	Friday
July 29, 2019	July 30, 2019	July 31, 2019	August 1, 2019	August 2, 2019
August 5, 2019	August 6, 2019	August 7, 2019	August 8, 2019	August 9, 2019
August 12, 2019	August 13, 2019	August 14, 2019	August 15, 2019	August 16, 2019
August 19, 2019	August 20, 2019	August 21, 2019	August 22, 2019	August 23, 2019
POPCORN CHICKEN ^ Corn Mixed Fruit Cup BBQ Sauce Choice of Milk	RANCH TURKEY BURGER Hamburger Bun ^ Golden Potato Rounds Orange Juice Ketchup Chipotle Ranch Choice of Milk	MACARONI & CHEESE Fresh Broccoli Fresh Baby Carrots Light Ranch Dressing Fresh Banana Choice of Milk	SLOPPY JOE Hamburger Bun ^ Maple Baked Beans Applesauce Cup Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Green Beans Fresh Pear Choice of Milk
August 26, 2019	August 27, 2019	August 28, 2019	August 29, 2019	August 30, 2019
CHICKEN STRIPS W/SWEET POTATO FRIES ^ Mixed Vegetables Orange Juice BBQ Sauce Ketchup Choice of Milk	RIB-B-QUE Hamburger Bun ^ French Fries Diced Peaches Ketchup Choice of Milk	MEATLOAF PANINI ^ Celery Sticks Light Ranch Dressing Corn Diced Pears Ketchup Choice of Milk	CHEESY TACO MEAT Tortilla Chips ^ Romaine Lettuce Jalapenos Light Ranch Dressing Sliced Apples Salsa Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Maple Baked Beans Fresh Baby Carrots Light Ranch Dressing Fresh Banana BBQ Sauce Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

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