

# SEPTEMBER

## HERITAGE ACADEMY OF DEL RIO

Monday	Tuesday	Wednesday	Thursday	Friday
<b>September 2, 2019</b>	<b>September 3, 2019</b>	<b>September 4, 2019</b>	<b>September 5, 2019</b>	<b>September 6, 2019</b>
NO SCHOOL	PANCAKES & SAUSAGE ^ Tropical Veggie Juice Applesauce Cup Syrup Choice of Milk	PEPPERONI PIZZA Romaine Lettuce Light Ranch Dressing Orange Juice Choice of Milk	MINI CORN DOGS ^ Maple Baked Beans Fresh Baby Carrots Light Ranch Dressing Fresh Pear Mustard Ketchup Choice of Milk	ITALIAN CHICKEN PARMESAN ^ Hamburger Bun ^ Diced Carrots Fresh Banana Choice of Milk
<b>September 9, 2019</b>	<b>September 10, 2019</b>	<b>September 11, 2019</b>	<b>September 12, 2019</b>	<b>September 13, 2019</b>
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ Green Beans Applesauce Cup Choice of Milk	BAGEL DOG ^ Mixed Vegetables Diced Pears Mustard Ketchup Choice of Milk	Fiesta Beans Fresh Banana Choice of Milk CHICKEN TACO Tortilla Chips ^	MEATBALL SUB Hot Dog Bun ^ Potato Rounds Diced Peaches Ketchup Choice of Milk	TERIYAKI CHICKEN PATTY Hamburger Bun ^ Romaine Lettuce Fresh Baby Carrots Light Ranch Dressing Orange Juice Choice of Milk
<b>September 16, 2019</b>	<b>September 17, 2019</b>	<b>September 18, 2019</b>	<b>September 19, 2019</b>	<b>September 20, 2019</b>
CHEESE PIZZA Mixed Vegetables Orange Juice Choice of Milk	Choice of Milk BBQ CHICKEN Hamburger Bun ^ Maple Baked Beans Diced Pears	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Romaine Lettuce Light Ranch Dressing Fresh Banana Mustard Ketchup Choice of Milk	CHICKEN NUGGETS ^ Country Blend Vegetables Sliced Apples Honey Mustard Cup Choice of Milk	CHEESEBURGER Hamburger Bun ^ French Fries Diced Peaches Mustard Ketchup Choice of Milk
<b>September 23, 2019</b>	<b>September 24, 2019</b>	<b>September 25, 2019</b>	<b>September 26, 2019</b>	<b>September 27, 2019</b>
POPCORN CHICKEN ^ Corn Mixed Fruit Cup BBQ Sauce Choice of Milk	RANCH TURKEY BURGER Hamburger Bun ^ Golden Potato Rounds Orange Juice Ketchup Chipotle Ranch Choice of Milk	MACARONI & CHEESE Fresh Broccoli Fresh Baby Carrots Light Ranch Dressing Fresh Banana Choice of Milk	SLOPPY JOE Hamburger Bun ^ Maple Baked Beans Applesauce Cup Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Green Beans Fresh Pear Choice of Milk
<b>September 30, 2019</b>	<b>October 1, 2019</b>	<b>October 2, 2019</b>	<b>October 3, 2019</b>	<b>October 4, 2019</b>
CHICKEN STRIPS W/SWEET POTATO FRIES ^ Mixed Vegetables Orange Juice BBQ Sauce Ketchup Choice of Milk				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.