



HERITAGE ACADEMY OF DEL RIO

Monday	Tuesday	Wednesday	Thursday	Friday
February 3, 2020	February 4, 2020	February 5, 2020	February 6, 2020	February 7, 2020
GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Blended Fruit Juice Choice of Milk	PANCAKES ^ Orange Juice Diced Peaches Syrup Choice of Milk	MOZZARELLA CHEESE STICK Chocolate Chip Mini Loaf ^ Fresh Apple Choice of Milk	BREAKFAST QUESADILLA ^ Fresh Banana Grape Juice Taco Sauce Choice of Milk	NO SCHOOL
February 10, 2020	February 11, 2020	February 12, 2020	February 13, 2020	February 14, 2020
TRIX ^ Strawberry Pancake Square ^ Craisins Grape Juice Choice of Milk	CHICKEN BISCUIT ^ Mixed Fruit Cup Orange Juice Honey Choice of Milk	BLUEBERRY MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	WAFFLES ^ Fresh Orange Blended Fruit Juice Syrup Choice of Milk	CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk
February 17, 2020	February 18, 2020	February 19, 2020	February 20, 2020	February 21, 2020
PRESIDENTS DAY	COCOA PUFFS ^ Graham Crackers ^ Craisins Orange Juice Choice of Milk	CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	Diced Peaches Assorted Jelly Choice of Milk EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana	MOZZARELLA CHEESE STICK Peach Mini Loaf ^ Fresh Apple Choice of Milk
February 24, 2020	February 25, 2020	February 26, 2020	February 27, 2020	February 28, 2020
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk	BEEF SAUSAGE SLIDER ^ Applesauce Cup Blended Fruit Juice Assorted Jelly Choice of Milk	BANANA MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	WAFFLES ^ Fresh Pear Orange Juice Syrup Choice of Milk	CINNAMON TOAST CRUNCH ^ French Toast Breakfast Square ^ Fresh Apple Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menus online at: preferredmealsmenu.com