



HERITAGE ACADEMY SAN ANTONIO

Monday	Tuesday	Wednesday	Thursday	Friday
March 1, 2021	March 2, 2021	March 3, 2021	March 4, 2021	March 5, 2021
CINNAMON FLAKES ^ Mixed Berry Animal Crackers ^ Dried Cranberries Apple-Cranberry Juice Choice of Milk	BEEF SAUSAGE SLIDER ^ Diced Peaches Blended Fruit Juice Grape Jelly Choice of Milk	BLUEBERRY MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	FRENCH TOAST STICKS ^ Fresh Banana Orange Juice Syrup Choice of Milk	YOGURT Granola ^ Fresh Apple Choice of Milk
March 8, 2021	March 9, 2021	March 10, 2021	March 11, 2021	March 12, 2021
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
March 15, 2021	March 16, 2021	March 17, 2021	March 18, 2021	March 19, 2021
TRIX ^ Graham Crackers ^ Dried Cranberries Orange Juice Choice of Milk	WAFFLES ^ Mixed Fruit Cup Grape Juice Syrup Choice of Milk	RICE KRISPIES ^ Strawberry Pancake Square ^ Fresh Apple Choice of Milk	EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banana Blended Fruit Juice Grape Jelly Choice of Milk	CHERRY BREAKFAST BAR ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk
March 22, 2021	March 23, 2021	March 24, 2021	March 25, 2021	March 26, 2021
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Dried Cranberries Grape Juice Choice of Milk	TURKEY HAM & CHEESE ON ENGLISH MUFFIN ^ Diced Pears Blended Fruit Juice Grape Jelly Choice of Milk	BANANA MINI MUFFIN ^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	PANCAKES ^ Fresh Banana Orange Juice Syrup Choice of Milk	CINNAMON FLAKES ^ Mixed Berry Animal Crackers ^ Fresh Apple Choice of Milk
March 29, 2021	March 30, 2021	March 31, 2021	April 1, 2021	April 2, 2021
RICE KRISPIES ^ Maple Breakfast Square ^ Dried Cranberries Apple-Cranberry Juice Choice of Milk	EGG & CHEESE BAGEL ^ Diced Peaches Orange Juice Grape Jelly Choice of Milk	FROSTED FLAKES ^ Graham Crackers ^ Fresh Apple Choice of Milk		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Find your school's menus online at: preferredmealsmenu.com

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