

SEPTEMBER LUNCH

HERITAGE ACADEMY SAN ANTONIO

Monday	Tuesday	Wednesday	Thursday	Friday
August 30, 2021	August 31, 2021	September 1, 2021	September 2, 2021	September 3, 2021
		WALKING TACO CHEESY TACO MEAT Wild White Nacho Doritos^ Romaine Lettuce Fresh Baby Carrots Ranch Dressing Fresh Banana Salsa Choice of Milk	CORN DOG ON A STICK^ Potato Wedges Sliced Apples Mustard Ketchup Choice of Milk	BBQ PULLED PORK Hamburger Bun ^ Baked Beans Applesauce Cup Choice of Milk
September 6, 2021	September 7, 2021	September 8, 2021	September 9, 2021	September 10, 2021
LABOR DAY	TOASTED CHEESE FLATBREAD SANDWICH Tropical Veggie Juice Applesauce Choice of Milk	CHICKEN ALFREDO PASTA ^ Romaine Lettuce Cucumbers Italian Dressing Fresh Banana Choice of Milk	HOT DOG Hot Dog Bun ^ Golden Potato Rounds Fresh Plum Mustard Ketchup Choice of Milk	CHICKEN NUGGETS ^ Baked Beans Fresh Baby Carrots Ranch Dressing Diced Pears Honey Mustard Choice of Milk
September 13, 2021	September 14, 2021	September 15, 2021	September 16, 2021	September 17, 2021
CHEESY PENNE BAKE ^ Breadstick ^ Green Beans Mixed Fruit Choice of Milk	MEATBALL SUB Hot Dog Bun ^ Potato Wedges Orange Juice Ketchup Choice of Milk	BBQ CHICKEN Hamburger Bun ^ Baked Beans Pineapple Tidbits Choice of Milk	CRUNCHY CHICKEN TENDERS ^ Potato Rounds Celery Sticks Ranch Dressing Sliced Apples BBQ Sauce Ketchup Choice of Milk	*NATIONAL CHEESEBURGER DAY* CHEESEBURGER Hamburger Bun ^ Romaine Lettuce Fresh Baby Carrots Ranch Dressing Fresh Banana Mustard Ketchup Choice of Milk
September 20, 2021	September 21, 2021	September 22, 2021	September 23, 2021	September 24, 2021
PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Applesauce Choice of Milk	SPAGHETTI & MEATBALLS ^ Broccoli Diced Pears Choice of Milk	BBQ CHICKEN TATER TOT-CHOS Tortilla Chips ^ Fresh Banana Choice of Milk	*NEW ITEM* "TACO" JOE Hamburger Bun ^ Baked Beans Fresh Plum Choice of Milk	"NATIONAL PANCAKE DAY" PANCAKES & SAUSAGE ^ Tropical Veggie Juice Diced Peaches Syrup Choice of Milk
September 27, 2021	September 28, 2021	September 29, 2021	September 30, 2021	October 1, 2021
BEAN & CHEESE BURRITO ^ Salsa Cup Corn Pineapple Tidbits Choice of Milk	MEATLOAF W/TOMATO SAUCE Hamburger Bun ^ Country Blend Vegetables Mixed Fruit Cup Choice of Milk	POPCORN CHICKEN ^ SunSet Sip Juice French Fries Orange Juice Ketchup BBQ Sauce Cheddar Sun Chips ^ Choice of Milk	HOT DOG Hot Dog Bun ^ Baked Beans Fresh Baby Carrots Ranch Dressing Sliced Apples Mustard Ketchup Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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