

## HERITAGE ACADEMY SAN ANTONIO

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
| May 2, 2022  | May 3, 2022  | May 4, 2022  | May 5, 2022   | May 6, 2022  |
| TRIX ^ Maple Breakfast Square ^ Craisins Fruit Punch Juice Choice of Milk                          | CINNAMON TOAST CRUNCH<br>FILLED BAR^<br>Diced Pears<br>Apple-Cranberry Juice<br>Choice of Milk | BANANA MINI MUFFIN ^<br>Mozzarella String Cheese<br>Fresh Apple<br>Choice of Milk              | TURKEY HAM & CHEESE<br>ON ENGLISH MUFFIN ^<br>Fresh Banana<br>Grape Juice<br>Choice of Milk | GOLDEN GRAHAM CEREAL ^<br>Vanilla Waffle Square ^<br>Fresh Apple<br>Choice of Milk |
| May 9, 2022  | May 10, 2022   | May 11, 2022   | May 12, 2022  | May 13, 2022   |
| COCOA PUFFS ^<br>Strawberry<br>Pancake Square ^<br>Craisins<br>Fruit Punch Juice<br>Choice of Milk | CHERRY FRUDEL^<br>Diced Peaches<br>Apple-Cranberry Juice<br>Choice of Milk                     | BLUEBERRY MINI MUFFIN ^<br>Mozzarella String Cheese<br>Fresh Apple<br>Choice of Milk           | EGG & CHEESE<br>ON ENGLISH MUFFIN ^<br>Fresh Banana<br>Orange Juice<br>Choice of Milk       | STRAWBERRY YOGURT<br>Granola ^<br>Fresh Apple<br>Choice of Milk                    |
| May 16, 2022   | May 17, 2022   | May 18, 2022   | May 19, 2022  | May 20, 2022   |
| APPLE CINNAMON CHEERIOS ^ Graham Crackers ^ Craisins Orange Juice Choice of Milk                   | BEEF SAUSAGE SLIDER ^<br>Diced Pears<br>Apple-Cranberry Juice<br>Choice of Milk                | TRIX ^<br>Maple Breakfast Square ^<br>Fresh Apple<br>Choice of Milk                            | MAPLE PANCAKES ^<br>Fresh Banana<br>Fruit Punch Juice<br>Choice of Milk                     | CHOCOLATE DONUT^<br>Grape Juice<br>Applesauce<br>Choice of Milk                    |
| May 23, 2022   | May 24, 2022   | May 25, 2022   | May 26, 2022  | May 27, 2022   |
| CINNAMON TOAST CRUNCH ^<br>Vanilla Waffle Square<br>Craisins<br>Grape Juice<br>Choice of Milk      | PILLSBURY GRAPE<br>CRESCENT ^<br>Diced Pears<br>Orange Juice<br>Choice of Milk                 | DOUBLE CHOCOLATE<br>MINI MUFFIN ^<br>Mozzarella String Cheese<br>Fresh Apple<br>Choice of Milk | EGG & CHEESE ON ENGLISH MUFFIN ^ Fresh Banna Fruit Punch Juice Choice of Milk               | Bagel ^<br>PHILADELPHIA LIGHT CREAM CHS<br>(100)<br>Fresh Apple<br>Choice of Milk  |
| May 30, 2022   | May 31, 2022   | June 1, 2022   | June 2, 2022  | June 3, 2022   |
| MEMORIAL DAY   | FROSTED CORN FLAKES ^<br>Cherry Breakfast Bar ^<br>Craisins<br>Orange Juice<br>Choice of Milk  |  |   |  |

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

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