

**NOTICE OF
SCHOOL HEALTH ADVISORY COUNCIL MEETING
RESPONSIVED TEXAS
TEXAS CHARTERS**

Date: March 11, 2026
Time: 9:00 a.m.
Place: ResponsiveEd Texas
Corporate Offices
1301 Waters Ridge Dr.
Lewisville, TX 75057
Charters: Texas College Preparatory Academies (T)
Premier High Schools (P)

A. Call to Order

- a. Karen Smith called the meeting to order at 9:02 a.m. A quorum was established with four out of five members present.

B. Items of Information

- a. Introductions
 - i. **Karen Smith:** Parent, Founders Classical Academy of Flower Mound (Chair)
 - ii. **Amber Bundschu:** Parent, Ignite Fort Worth (Vice Chair)
 - iii. **Dr. Becky Rutledge:** Executive VP of School Operations
 - iv. **Nanci Kistler:** Director of Health Services
 - v. **Melissa Summarsell:** Director of School Nutrition
 - vi. **Jessica Hammock:** Director of Behavioral and Mental Health
 - vii. **Diamond Frazier:** Regional Lead Nurse
- b. Annual acknowledgements verification
 - i. Nanci Kistler will send PDF versions of acknowledgement forms to members who experienced technical issues with the digital links.
- c. Chairperson, Vice Chairperson, Secretary confirmation
 - i. Karen Smith (Chair) and Amber Bundschu (Vice Chair) were confirmed. The Secretary position remains open pending contact with a third parent member.

d. Jessica Hammock - Director of Behavioral and Mental Health

i. **Key Discussion Points:**

1. **Resource Gap:** Parents expressed that while services (like TCHAT and CPAN) are excellent, there is a lack of awareness at the campus level. Jessica and Dr. Rutledge committed to addressing this "top-down" communication breakdown with Superintendents and Regional Directors.
2. **Staff Training:** The district is mid-way through a 3-year plan to train all staff in **Youth Mental Health First Aid**.
3. **Mental Health First Aid Kits:** These kits (containing stress balls, grounding stickers, kinetic sand, etc.) are supplied to campuses. Karen Smith offered to coordinate donations of additional sensory tools.
4. **Counseling Ratios:** It was clarified that Texas does not mandate campus-based counselors or nurses. ResponsiveEd uses a regional model to ensure all students have access despite state funding limitations.
5. **Regulatory Changes:** Per Senate Bill 12, the district is transitioning to an "Opt-Out" model, allowing staff to provide immediate, brief emotional support to students in distress without waiting for specific written consent for every interaction.

e. Subcommittees- Physical Education - Next meeting

i. Nathan Morris - Director of Athletics and Transportation

f. Council recommendations for upcoming agenda items

i. None

g. Public comments on agenda items

i. No Public in attendance

h. Next meeting date: April 8, 2026 at 9:00am

C. Adjourn:

a. Moved by Amber Bundschu, seconded by Melissa Summarsell.